

BAR HILL NEWS

June 2009 Issue 464

The Bar Hill News is also available on audio tape

If you, or someone you know would benefit from this free service, please contact Julie at Camsight 01223 420033



Copy date for the next issue is 15th June to Margaret Sellars at bhneditor@yahoo.com or see page 2 for other contact details.

BAR HILL RESIDENTS' ASSOCIATION

07/08 Committee

Chairman	Mr R Hall	780304	11 Almond Grove
Vice-Chairman	Mr M Avery	781233	34 Acorn Avenue
Secretary	Mr A Pallan	782779	72 The Spinney
Treasurer	To be decided		

Bar Hill News

Editor	Mrs M Sellars	C/o Parish Council Office
Advertising Co-Ordinator	Mrs B Waters	201421 77 Foxhollow
Distribution Co-ordinator	Mr M Avery	781233 34 Acorn Avenue

Also: E Wilmer, Kirsten and Paul Goodfield (200228 15 Little Meadow), Jo Hall (11 Almond Grove 780304) and Ben Gallagher (11 Watermead 780526)

The Objectives of the Association are to act as an intermediary between the Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. **Anonymous letters will NOT be published, but names and addresses may be withheld.** However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Co-ordinator (see above – email to buntv.waters@ntlworld.com)

¼ page adverts cost £14.50 per month and must be submitted by the 1st of the month prior to inclusion.

Maxi ads (£8.25 per month) and Mini ads (price currently under review) should be submitted by 15th of the month prior to their inclusion.

The ¼ page ads are for local businesses and we guarantee publication. This often results in a waiting list and, to help overcome this problem, we provide maxi and mini ads. These appear throughout the publication and we cannot guarantee their inclusion due to restrictions of space.

EDITORIAL

There is no charge for **Articles, What's On, For Sale and Lost and Found**, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted **electronically on disc or to bhneditor@yahoo.com.**

HEALTH CENTRE

Dr Hassan, Dr Ranasinghe and the Practice Nurses

Surgery Hours (tel 780442)

Monday to Friday, 8.30 am – 12 noon and 2 – 6 pm

Out of Hours Emergencies tel 01223 464242

Midwife Monday, 2 pm onwards

Physiotherapist Tuesday 2 – 5.15 pm

Psychiatric Nurse Wednesday, 2 pm onwards

Chiropody Wednesday, Thursday and Friday, 9 am – 12 noon, Thursday 2 – 5 pm

Dietitian 1st Tuesday of month, 9.30 am – 12.30 pm

Orthoptist 2nd Tuesday of month 9 am – 12.30 pm

CAMTAD 4th Tuesday of month, 9 - 11.30 am

Child Health Clinic 1st Friday of month, 2 pm onwards

Health Visitors are now based at Longstanton Branch Surgery, Magdalene Close, Longstanton (tel 781855)

USEFUL TELEPHONE NUMBERS

● Church Office 206120 ● Conservative Party (Iris Lay) 205265 ● Happy Hours (Helen Collins) 782203 ● Liberal Democrat Party (Tom Flanagan) 780571 ● Library (renewals and enquiries) 0845 045 5225 ● Parish Council (Leigh Baffa) 780456 ● Police 0845 456 4564 ● Pre-School 782892 ● Samaritans 01223 364455 ● School 273305 ● Social Club 781881 ● Swavesey Village College 230366

BAR HILL VILLAGE HALL



Two halls (with Conference Facilities)

Wedding receptions

Birthday celebrations

Children's parties

Jumble sales

Conferences

Seminars

Training days

Exam sessions

Anniversary celebrations

Excellent parking and catering facilities



782414

Answerphone

Email: barhill.villagehall@btconnect.com

Dear Editor

I always read the letters in BHN and usually I am dismayed by the sheer lack of respect they show to others. It seems a certain councillor who I will not name is often there venting his anger on someone or other who he names. It is about time that we have some measured, sensible, meaningful debate in Bar Hill, where people are not subjected to harsh and uncharitable words when they express a legitimate opinion about the council or its decisions. Hostility and ill-will towards others, as expressed in your letters page, does not create a harmonious, supportive, community. It is divisive and contrary to the Christian values that so many here claim to adhere to. We certainly need a respect agenda in Bar Hill, friendship and kindness rather than division and conflict. These angry people need to accept that we all live here side-by-side and must practise forbearance and give-and-take if we are not to be constantly at each others' throats.

John Lucas

Dear Editor,
COPE FORUM, CAMBRIDGE

As an active member of this registered charity No 1110887, I would like to bring this excellent organisation to the attention to the residents of our community who do not know about the benefits it brings to the older people in this area. The caring attention, activities, outings and advice on all present day matters are well worth receiving by post. There is a newsletter output to 3,000 members. Why not find out if it would interest you? I suggest you contact: Rhona Boorman 40 Stretton Avenue, Cambridge CB4 3EP or Email cambridgecope@hotmail.co.uk Best wishes.

Brian Halls
65 Watermead

Hi everyone

I have met lots of you when I have been to Tesco's or out walking with Grandma and Granddad (John and Diana Reynolds). I love the way everyone makes a fuss of me and tells me I am beautiful. Grandma tells me I am getting vain but I am not: I just know it is true!

I have had an exciting time lately as I have been to Kent to visit 2 of Granddad and Grandma's previous pups. They are very grown up now but are still happy to play with me. They both recognised Grandma and Granddad and made a great fuss of them. I felt a bit jealous so I pushed in between them to make sure I got some cuddles too.

We saw Lacey first although she is now called Lucy, she lives in a manor house with a huge garden and another dog called Ginko who looks just like Lucy but is 6 years old. Lucy's family are very nice even though she has taught Ginko to open the back door so that they can go inside whenever they like. Just

before we left I went to explore the garden and found a lovely sprinkler going. I had great fun with that so that when Granddad called me to get in the car I was soaking wet. Granddad dried me off with my towel but I made sure that I leaned on Grandma's legs in the car to dry off properly.

We then went to visit Hayes who is now a Police drugs sniffer dog. His name has been changed to 'H'. He lives with his handler and a Springer Spaniel that is a bomb sniffer dog. We had a lot of fun in the garden but I had to be good as 'H' is a very big strong dog and I did not want to be knocked over. 'H' is a very clever boy: he can find drugs on people and in places (some dogs do one or the other). He also goes to schools to talk to children and show them how he works. When he finds drugs he shows his handler by sitting and staring at the person or place where drugs are. He has already found thousands of pounds worth of drugs and his handler said he is very clever. He has even taught himself to find wads of money. Granddad and Grandma were very sad to say goodbye to 'H' and Lucy but are very pleased that they are so happy in their new homes.

Last week we had 11 people and 2 other dogs staying at our house. The dogs were called Rocket aged 8 months and Libby ages 11 years. They are both whippets - we had a wonderful time together. There were several children aged from 3 to 10 years. Everyone was pleased with me because I was very gentle with the little ones as they can be easily frightened or knocked over. In the evening we all went to a wedding disco party but the other 2 dogs had to stay at home. I was allowed to go because I am a guide dog puppy. The food smelled lovely but I was not allowed to have any so I laid under the table and watched everyone dance. It was very strange as the music was loud and people stood up and jiggled around as if they had fleas or something. I tried to catch the coloured lights that whirled around but I kept missing them so I went to sleep until the end when I helped tidy up by eating any crumbs I found on the floor.

I also visited Dry Drayton School so that Grandma and Granddad could tell all the children about guide dogs. They showed pictures of their previous guide dog puppies and lots of photos of me when I was little. The best bit was when all the children were allowed to stroke and cuddle me.

Typing is hard work so I'll just say goodbye to everyone.

Lots of love and happy barks from Darcy



MATERNITY CHOICES at Hinchingsbrooke

Health Care NHS Trust, Huntingdon

Two new ways of working at Hinchingsbrooke Maternity unit will offer women more choice:

The Primrose Suite - Hinchingsbrooke's new Midwifery Led Birthing Unit

Due to open in June 2009, the Primrose Suite will be an exciting new addition to the choices for women choosing to give birth at Hinchingsbrooke.

Primrose Suite will be available for use by women who choose to birth in a low risk birthing environment within the hospital and who, following an assessment by their Community Midwife, are suitable for birth in a low risk environment. This purpose designed and built area is independent to the labour ward and consists of a reception and waiting area with two birthing rooms and a two bedded rest area. The area is bright and contemporary in design with stylist photography adorning the walls, colourful curtains and toning furniture give this area a comfortable non clinical feel.

The rest area and both birthing rooms are ensuite, with direct access to a new pool room from one birthing room. The rooms are equipped with Bradbury couches and other birthing aids to support women in exploring positions for birth, while medical equipment, such as infant resuscitation tables, are hidden away in keeping with the non clinical theme of the area.

A kitchenette is available for light refreshments so that the new family leaves for home refreshed and ready to enjoy their new arrival.

For women who are low risk, but not suitable for the Primrose Suite or for women who choose to give birth on the labour ward, there will be continued access to the birthing pool and to a low risk birthing room within the main labour ward environment.

For more information please contact your community midwife or the labour ward co-ordinator at Hinchingsbrooke Health Care NHS Trust.

Neonatal Examination Clinic

From May 2009, women who request early discharge home after a birth in the hospital will be given the choice of either:

- waiting to see a paediatrician to undertake the newborn examination prior to discharge or going home with an appointment to return within 72 hours of the baby's birth for the newborn examination which will be undertaken in an outpatient clinic by specially trained midwives or a paediatrician. An appointment for the baby to have its newborn hearing test will be offered alongside the newborn examination appointment; women who have a home birth will also be offered this service.



REPORT BY DISTRICT COUNCILLORS

ROGER HALL AND BUNTY WATERS

CONTACT:

South Cambs District Council covers a variety of our daily requirements, for example:

Environment and Planning

Pest Control

Concessionary Bus Fares

Applying for Housing

Bin Collection and Recycling

Council Tax, Benefits and Finance

Licences, Permits and Registrations

should you need any information you can contact

South Cambs as detailed below:

Tel: 08450 450 500

Contact Centre

Mon - Sat 8.00 am - 8.00 pm

Officers:

Mon - Fri 8.30 am - 5.00 pm

Pests and Nuisances

Call our Contact Centre on 08450 450 063 in order to book a Pest Control appointment or to simply request advice.

South Cambridgeshire's Environmental Health officers investigate complaints regarding statutory nuisances and public health matters. These include:

- ☐ accumulations of rubbish in gardens, on land and in alleyways.
- ☐ rats from neighbouring premises
- ☐ filthy and verminous domestic premises
- ☐ nuisance from keeping animals/birds

The action we take will depend on whether or not a statutory nuisance exists.

For example, if the type of rubbish complained about is prejudicial to health or interfering with the comfort and enjoyment of a neighbour's property. Food waste would come into this category as it could attract rats to an area. However, inert matter such as bricks or furniture would not constitute a statutory nuisance.

If you need to contact your District Councillors:

Bunty Waters 201421/07734 690580

Roger Hall 780146

Are you pleased with your current Window Cleaner?

If not - contact us



We clean:

All Doors, frames, fascias and sills

Conservatories - inside and out

gutterings cleared.....

.....as well as the windows

Fully insured

07835 430347 or WKDwindowcleaner@aol.com

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

- * FULL BATHROOM DESIGN
& INSTALLATION
- * ALL ASPECTS OF FLOOR/WALL TILING
- * SUPPLY & FIT OR LABOUR ONLY
- * LAMINATE WOOD FLOORING
- * FREE QUOTATIONS AND ADVICE
- * QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR
PROPERTY MAINTENANCE
REQUIREMENTS

e-mail: dean.mills2@ntlworld.com

**'I know I should
make a Will, but
I just haven't got
around to it yet'**

Having an up to date Will is important to ensure the people you wish receive your assets and it also avoids unnecessary problems for your family after your death. LAWS are a professional Willwriting business. Our Willwriters are qualified to give you estate planning advice and to take your Will instructions. We have both male and female advisers, all of which are members of The Society of Willwriters. We advise clients on a number of issues relating to estate planning including:

- Wills
- Lasting Power of Attorneys
- Inheritance tax planning
- Inheritance tax planning trusts
- Discretionary Will trusts
- Probate
- Living Wills
- Long Term Care planning

LAWS are a completely independent company who work alongside our sister company Lee Associates, who provide independent financial advice.

For a free initial 30 minute meeting, at your home or in our offices please call 01954 262120

Lee Associates Willwriting Services Limited
(LAWS) Deans House, High Street,
Village Green, Cambridge CB2 1 6BB
Telephone: 01954 262120
Fax: 01954 262120
www.leeassociates.co.uk
Email: info@leeassociates.co.uk



LAWS

Lee Associates is a trading name of Lee Associates Financial Planning Limited which is duly authorised by the Financial Services Authority (FSA) for 2001-02.

Bridge End Carpets & Flooring

ALL MAJOR BRANDS
SUPPLIED AND INSTALLED

FREE NO OBLIGATION ESTIMATE

ROOM SIZED REMNANTS
IN STOCK

KARNDEAN FLOORING
SUPPLIED /INSTALLED

TEL: 01954 789968
MOB: 07801 542378

Graham Spence

Domestic Gas Appliances
Service and Repair

A local and comprehensive
call-out and appointments service for
boiler and central heating 'problems'
in and around Bar Hill.



CORGI
Registered
Gas Installer
No. 149177

10%
Discount
for Bar Hill residents

781402
0378 894956

A Barrett Electrical

for all your electrical needs

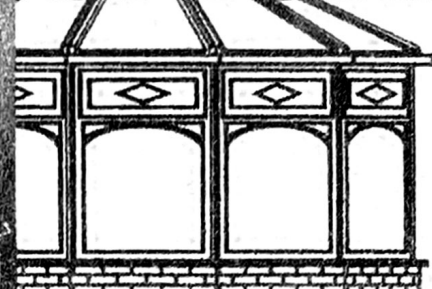
Part - P Registered

60 field View
Bar Hill
Cambridge
CB23 8SY

07735 615871
01954 780844

barretts11@msn.com

SPECTRUM



CONSERVATORIES WINDOWS DOORS



MOBILE: 07702 895673
TEL: 01954 789478

Chris's Bikes

Bar Hill's local cycle centre

2 Thornton Way, Girton (Just off Huntingdon Road)

- Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- Wide range of spares/accessories available
- Cambridge's only 5 Star Magura Service Centre
- Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- Good selection of quality hybrid and mountain bikes
- BMX and children's bicycles also available:

Giant, Haro, Mongoose, Huffy & Diamond Back

- Good quality secondhand cycles always available
- Plenty of parking



Quality for less  276004

Come and visit us; we will make you welcome

MEY
Mango
Carradice
Toprak
Zefal
Shimano
Widex
Crud Smart
Squire
Trelock
Spencer
Mavic
Hamax
Odyssey
Bell
Abus
Giant
Claud Butler
Univega
Diamondback
Haro
Continental
Hutchinson
Vredstein



stamp electrical COLIN STAMP

For all your electrical services

174 The Spinney, Bar Hill
Cambridge CB23 8TP

t 01954 789064
m 07860 920933
e stamp.electrical@ntlworld.com

LOCAL ELECTRICIAN

01954 789064

ALL DOMESTIC & COMMERCIAL
INSTALLATIONS
~ LIGHTS, SOCKETS, SHOWERS
FUSE BOXES

FREE QUOTES AND ESTIMATES

NICEIC APPROVED DOMESTIC INSTALLER

FAMILY RUN BUSINESS ~ 10 YEARS IN THE VILLAGE

ERNIE ARNOLD

Could I please by way of the BHN pay tribute to Ernie Arnold who passed away on the 14th April 2009 at his home in Bar Hill. He leaves devoted wife Beryl and son Kevin and his family, plus daughter Ross and her family. Ernie was very proud of them all and thought the world of his four grandchildren. Ernie was a member of many clubs here in Bar Hill and I know they will miss him and his jovial way of life very much as we all do.

He was a keen model railway enthusiast and also was a dab hand at aircraft model making. If any one needed any help Ernie was always there to assist. We have been having a street party for some years and Ernie would do a magical act and the young children loved him for that. Ernie will surely be missed by his neighbours and his many friends. Thanks for everything Ernie and rest in peace.

George and neighbours

KEN POSTINGS

The widow Vanda, and family of the late Ken Postings would like to thank all the many people who have made offers of help and sent condolences during Ken's illness and sad death. In particular, Maurice and Diana Batt and Tony and Maureen Fuller who have been so unfailingly kind and helpful in every way, during the last difficult months.



Gloria

Swavesey Community Choir Summer Concert

Saturday 4 July at 7.30 pm

St Andrew's Church, Swavesey

Programme to include John Rutter's *Gloria*,

Schubert's *Mass in G* and

Vaughan Williams' *Five Mystical Songs*

Cambridge University Brass Ensemble

Baritone: Robin Moore

Organ: David Bednall

Conductor: Samuel Hudson

Tickets: £10, £5 (students)

Box office:

swavesey.community.choir@googlemail.com.

FOR SALE

Comfortable armchair

Maroon chenille loose cover

Buyer collects £30

Thule roof bars (roof rack) for Mitsubishi Carisma

phone 01954 201351 for more details

ROSIE IN STITCHES

Come along to see a small selection of our clothes and toys at:

Tea Bar Outpatients, Rosie Hospital, Cambridge

Bar Hill Fete Saturday 4th July from 2 pm

If you're planning on updating your wardrobe ready for the summer then as well as helping us to raise funds you'll find some bargains at www.easyfundraising.org.uk/forh Save £20 when you spend £60 on La Redoute's Spring/Summer '09 Collection; savings off your first order with Moss Bros; M & Co, Ambrose Wilson, Fashion World, JD Williams and Naturally Close; Reebok customers receive free delivery on all orders; for DIY bargains Premier Man are offering a free 25 piece toolkit with orders over £30; Sleeping Solutions have 4 fantastic offers; and receive a 5% discount from Diytools.co.uk.

Remember it's Father's Day on 21st June. Buyagift are offering up to £10 off your Father's Day gifts when you use the eVouchers. There are many more free offers available - too many to list here - so visit the Special Offers page at www.easyfundraising.org.uk/forh for more details and to find the eVoucher codes.

You can now raise funds for Friends of the Rosie Hospital whenever you use the Easyfundraising search site at <http://forh.easysearch.org.uk> we will receive 1p for every search and if you make just 10 searches a day, you could raise £25 a year.

If you can improve our website, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website at www.rosieinstitches.org.uk/volunteering.htm.

Yours sincerely

Avril Williams

Rosie in Stitches

for Friends of the Rosie

Registered Charity Number 1036092

www.rosieinstitches.org.uk

www.easyfundraising.org.uk/forh

<http://forh.easysearch.org.uk>



Do you have a friend or relative that is looking for voluntary work at the moment - please ask them to have a look at our volunteering page at www.rosieinstitches.org.uk/volunteering.htm

In association with Dell every time you make a purchase through the www.easyfundraising.org.uk/forh site until the end of May you get one entry into the draw for a Studio15 laptop with high-definition, widescreen and worth £399!

ELECTIONS ON THURSDAY 4 JUNE

**GO TO THE VILLAGE HALL TO
VOTE—NOT THE OCTAGON**



BAR HILL COLTS FC

With the presentation day just around the corner, all teams will have come to the end of a long wet season.

Once again some great success coming from the teams in Bar Hill, special mentions to Rob's Under 11s and Tony's U13s who will be attending the Corn Exchange on the 7 June to collect their runners up medals in their respective leagues.

RANGERS TURN IT AROUND!

Although the Under 13 season started with a narrow defeat at Brampton, you could sense a difference right from the start with a no nonsense approach to pre-season training. Next game against rivals Swavesey set the ball rolling for the boys beating them 4-2, playing some fantastic football.

The mid season brought a new level of determination and a huge desire to win with the boys playing some very disciplined football, thinking and playing as a team and showing training hard (twice a week) does pay off.

The fact that they were serious title contenders in the last few games shows just how far the boys have come this season. Playing hard and fair the boys have been a credit to themselves, their managers and the army of supporting parents! For most of us, the final game against Comberton summed up the season. Coming from 2-0 down, the boys dug deep and pulled it back to a draw contributing to an outstanding game. This shows the great attitude all the boys had throughout the season wanting to do well and never giving up.

LATE BURST TO RUNNERS UP

Since their Semi Final Cup defeat in mid March, Rob's Under 11s produced an outstanding run in the league by winning their remaining 10 games (including 4 games in a week), which propelled the team to the runners up position in their division

The season has seen a staggering 50 goals scored by **Jack Humphreys** with **Adam Cheesley** and **Kienan Naylor** contributing 43 goals between them.



TESCO VOUCHERS!

PLEASE can we have any Tesco vouchers that you have managed to accumulate handed to either your team manager or delivered to the secretary, Paul Neal, at 35 Foxhollow. They are only available until 7 June and do go towards equipment for the children at the Club.



BULLETS BULLDOSE FESTIVAL!



To top off a very enjoyable season with great improvements showing towards the latter end of the season, our Under 7s entered a tournament at Bucks.

The first game against Cherry Hinton was a very close game with **Evan Barrett** scoring twice and **Thomas Tyrell** also scoring. The Bullets managed to win 5-2 with a strong performance from **Jamie Wilkinson** in defence.

Next game against Cottenham was even closer with **Amelia Gaisford** playing an important role in defence. **Tyrell** once again the goal scorer managed to pull back the team from 1-0 down to a win.

Final game was against Teversham who beat the Bullets the previous week. Even after going 1-0 down Bar Hill were working really hard and getting stuck in. This burst of effort from the whole team began to pay off when **Barrett** and **Tyrell** scored just before half time. **Wilkinson** was a rock in defence all game enabling **Barrett** to get forward and score again. With 3 minutes left, Teversham scored making the score 3-2. A very long 3 minutes went past with supporters very excited and encouraging, some great defensive work at this crucial time in the game from **Callum Kennedy**, **Richard Du** and **Sam Goodfield**, Bar Hill managed to hold out with good energy until the final whistle. A great day was had by all with the whole team contributing to their success.

Over the two days of festivals they played 7, won 4, drew 2 and lost 1.

FIRST SEASON FOR THE RAVENS

Kevin Sargent took over the Under 8s from **Tim Parker** during the season, having witnessed the good attendance at training and the enthusiasm they have all enjoyed their first season together. The Ravens have had a thoroughly enjoyable first season, having some great successes as well as a few losses. However the sportsmanship and high morale has been continuous throughout. The team has progressed no end, from struggling to remember what end to shoot towards, now we are training well and working on passing as a team. We have been lucky to have a supportive group of parents and I hope that next season will bring as much fun and pleasure to both kids and parents alike."



REMINDER!

Our AGM is looming and there are still places on the committee that need to be filled. The club needs a Chairman, Entertainment Committee and somebody to take my role with publicity. We do need these roles to be filled, so if you know of anyone or are somebody willing to take on one of the roles please contact Paul Neal before the **Annual General Meeting on 30 June at the School at 7.30 pm**

NEW FACE

After 6 weeks of training with me a new girls' team has been formed with the intent to enter into an Under 11 all girls league next season. **Mark Bennett** has taken the team on and has continued training the girls. Welcome **Mark** to the committee and the Club wishes you every enjoyment for you and your new team.



Vicky x

BAR HILL COLTS
IS A CHARTER
STANDARD CLUB



NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Services Authority



Swann&Keogh
Carpentry and Building Services

www.swann-keogh.co.uk
Email: info@swann-keogh.co.uk
For a free quotation

Steve Swann: 07944913654
Steve Keogh: 07879480011

For a Professional Building Service
Make it Swann&Keogh



Cambridge Funeral Services

- Family owned & Independent
- Traditional & Contemporary funerals
- 24 hour service
- Free parking
- Private chapel of rest
- Funerals for all faiths & beliefs
- Green & woodland burials
- Pre-arranged funeral planning



Andrew Patey Dip FD Dip FM LMBIFD
Philip Reynolds Dip FD LMBIFD

01223 415255

617 Newmarket Road, Cambridge

www.cambridgefs.co.uk

Village Vet



The vet your pet would choose

Longstanton

34 High Street, Longstanton CB24 3BS
01954 780027

Cottenham

66 High Steet, Cottenham CB24 8SA
01954 252122

Milton

26 Cambridge Road, Milton CB24 6AW
0845 500 4 24 7

24 hr emergency:
0845 500 4 247

www.villagevet.co.uk





Bar Hill Motors

20, Viking Way (next to Tesco's)

For all your car care needs



The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff
and equipment

Opening times

Mon. To Fri. 8.00am - 5.30pm

Sat. 8.30am - Noon

Closed Sun.

 **781132**

Alan's Carpets

- * Home Selection Service
- * Over 30 years experience
- * FREE quotes/Priced right
- * Extensive range of Quality Samples
- * Free advice on all floor coverings
- * Orders fitted within days, not months!
- * Showroom now open at
1 Station Road, Swavesey

Save £'s
Discount
prices!

Alan Slurimpton

Phone 232298 or 780970

Smile this winter

National Health spaces available for the
whole family!

Now everybody can benefit from our
'dentistry with a difference'. Call now as
availability is limited.



Cambourne Dental Practice

Monkfield House, Monkfield Lane, Cambourne, CB23 6AJ
Telephone: (01954) 718585 | www.cambournedental.com

lawson tree

hedge, tree & garden services



Tree surgery

Hedge cutting

Fencing

Turfing

Grass cutting

Gardening

Free mixed wood chips always
available

Telephone: 01223 276284/
07984 205663

E-mail:

contact@lawsonstree.co.uk

Web:

www.lawsonstree.co.uk

Professional

Qualified

Insured

TENNIS CLUB

VISIT OUR WEBSITE
www.barhilltennisclub.co.uk FOR
ALL CLUB INFORMATION AND
MEMBERSHIP FORMS



Our season is now well under way but we are still able to welcome new members. Our Club nights are Tuesdays and Thursdays 7 to 9 pm and Club fees this year are unchanged!!

Annual Membership fees :

1st April 2009 to 31 March 2010: We have again kept the subs at the same price as last year so you can all enjoy the courts at no extra costs:

Adult - £35.00

Junior - £15.00 under 17 or under 19 if in full time education

Family Membership - £75.00 This covers one or two adults living at the same address plus children living with them under 17 or under 19 if in full time education. Guests of members may occasionally use the courts accompanied by members for £2 per person/session.

We look forward to seeing you at the Courts.

Your Committee:

Kevin Jackson (Chairman) 01954 781150
(visltd@yahoo.co.uk)

John Suchocki (Treasurer) 01954 780 461
(j.suchocki@talktalk.net)

Jackie Quazi (Secretary): 01954 201 267
(jeffandjackie@ntlworld.com)

Paul Chubbuck 01954 781 688
(paul.chubbuck@btinternet.com)

Lynda Symonds 01954 200 179
(lynda_symonds@hotmail.com)

8 o'clock Club

The 8 o'clock club meets on the first Thursday of each month in the lounge at the school. (Sorry gents, ladies only.) We try to have a varied programme and for the meetings in this school term we are having the following programme.

4 June Minimisation and recycling
2 July Garden Party

If you would like any further information or would like to join please phone Barbara on 204171, Adela on 204265 or come along to one of our meetings.

The Bar Hill Massive Youth Project Trust

A few years ago the Bar Hill Massive Youth Project Trust was set up with the aim of improving youth provision in the village. The Trust is now working closely with the Locality Youth Team (Cambridgeshire County Council) to develop youth activities in the village.

There is now a junior club on Wednesday evening, a Thursday evening session (which we hope will become a youth café) and a Friday drop-in session after school. The Trust's Annual General Meeting will be held at 8 pm on Wednesday 8 July in the Farmhouse (come and see what it's like inside). We would love people from the community to come and hear about the activities of the Trust, find out what the youth want themselves and what activities are planned for the next year.

For more information please contact Claire Thorby (Chairperson) on 01954 781527 or claire_thorby@tiscali.co.uk



Bar Hill Pre-School

NOW REGISTERED FOR FULL DAY CARE

Registered Charity No. 1030725

Bar Hill Pre-School are holding a car boot sale on Sunday 14th June in the car park of "The Fox".

Pitches will cost £5. Set up time from 8.30-9.00, sale ends at 11.00 am.

To book a pitch or for more information, please ring the Pre-School on 782892.

FOR SALE

Full size child Cello for sale for £200 ono
Violin for £20 ono
Both are in good condition with soft cases.
Excellent for school music grading exams.
Contact Mrs. Warsi: 01954-782480



SWAVESEY REVUE AND DRAMA
SOCIETY

RADSOC Pantomime January 2010 – Aladdin

Swavesey RADSOC are holding open auditions for their pantomime on **Monday 29th June & Wednesday 1st July** at the Memorial Swavesey 7.30 – 9.30 pm.

We are looking to attract new members of all ages to take part in this production.

We are lucky enough to have a Musical Director who has worked with RADSOC in the past who will make sure the musical elements are as strong as the acting.



If you want further information about the Pantomime or are unable to attend on the two evenings, please contact the Director Robin Pearson on 07905 366925 or robin.pearson@talk21.com for more information.



Girlguiding UK

Bar Hill District

Girlguiding UK is thriving in Bar Hill. We currently have 77 girls and 15 adults actively involved in one of our 5 units, they are Rainbows (Mon and Wed), Brownies (Tues and Thurs) and Guides on a Wed evening.

Girlguiding UK is Britain's largest voluntary organisation for girls and young women. 50% of women have been a member at some point in their lives. **Our Mission Statement reads:** "Girlguiding UK, as part of a worldwide movement, enables girls and young women to fulfil their potential and to take an active and responsible role in society through its distinctive, stimulating and enjoyable programme of activities delivered by trained volunteers."

Some of the highlights of the past year for the units in Bar Hill have included:

For Rainbows – Both units had a Sleepover, celebrated Rainbows 21st Birthday, and completed all sorts of games and fun activities based around their Look, Learn, Laugh, Love programme.

For Brownies – Both units have had very busy terms, they celebrated Thinking Day, went on Pack holidays, held cycling evenings, swimming sessions, Olympic evening, musical evenings and have worked towards a variety of Brownie badges.

For Guides – Guides have participated in script writing, editing, performing and film making, they have improved all their fitness levels by completing several challenges and even went on a weekend camp at Hautbois, Norfolk for Sportsmania.

As a District – We had a Red/Yellow/Blue tombola stall at the Bar Hill Fete, took part in the Remembrance Day service laying a wreath at the Cenotaph, and ended the year with Christmas Carol Service to which 120 adults and children attended.

Guiding is almost 100 years old and has come a long way since the first rally at Crystal Palace. To mark this occasion, members from all sections will be attending parties across the United Kingdom to celebrate our 100th Birthday! Locally, we are holding our **Centenary Launch County Event at Churchill College on Saturday 5th September**, to which all current and past members have been invited. This will be followed by a year of celebrations with lots of exciting events planned throughout the period.

If this taste of Guiding in Bar Hill has whetted your appetite, then please don't hesitate to join us! From Rainbows to Trefoil Guild, we are always looking for new members! So, whether you would like to be a leader, assistant, Rainbow, Brownie or Guide, why not surprise yourself and see how much fun guiding can be!

Please contact Sheila Robinson, our Division Commissioner for more details on 01954 230353.

2nd Bar Hill Brownies

We have been busy completing our Environment badge – big thank you to Lisa Taylor for all her fun sessions with the girls! We are now starting First Aid badge which the girls are looking forward to before lots of planned excursions making the most of a hopefully hot and dry summer! We will be off on Pack Holiday with the theme 'Under the Sea'. The girls will enjoy loads of activities, along with cooking and helping to keep our holiday home clean and tidy. We currently have spaces for girls – if you are between 7 and 10 years old or are currently a Rainbow shortly moving up to Brownies, please come along and join us.

Tuesday: Brownies 6.30-8.00 pm at Octagon, Bar Hill Church

If you would like to join us contact Philippa Gebrekiros – 01954 270275 – email pah41@cam.ac.uk

Swavesey RADSOC

Present

Bedroom Farce

by Alan Ayckbourn

at

Swavesey Village College

on

Friday 12 and Saturday 13 June 2009

at

7.45 pm

Tickets £7.50/£5.50 concessions

Book online at

www.swaveseyradsoc.org

or telephone 07504 552870

An amateur production by arrangement with
Samuel French

Football Project

The pitch is available to hire in the evenings during the summer as there is less football coaching. The pitch is suitable for football and many other sporting activities such as mini tennis, hockey, bowls, volleyball and multi sports - it's a great venue for birthday parties. If you wish to find out more about hiring the facility then contact our Bookings Secretary, Julie Marin on 781838.

The officers of the Management Committee are:

Chairperson Alan Hewings

Secretary Paul Thorby

Treasurer Jairo Marin



THE FITNESS CLASS

Mondays 7.30-8.30pm, The Church, Bar Hill

Do you want to loose weigh, Get Fit, Tone Up? Scared some exercise classes will be too intimidating & hard to pick up? The class specializes in ladies fitness & is designed to be very easy to pick up whilst being challenging enough to suit any fitness level. It incorporates Aerobics, Pilates, Swiss ball, Boxercise, Resistance and Cardio exercise. £4 per class(10 for £32).

OVER 55S CLASS,

Tuesdays, 10-11am. The Church, Bar Hill

Aimed at a pace suitable for the older adult to improve and maintain fitness, strength & mobility. £2.75 per class(10 for £24)

TRAIN WITH A GOV APPROVED INSTRUCTOR

**Call Simon on 01223 236945
or visit www.bodyinmotionpt.co.uk**

Free First Class

**P
H
Y
S
I
C**

Oakington Therapy Centre

Osteopathy, Acupuncture
Homeopathy, Counselling
Podiatry/Chiropody, Shiatsu
Chinese Herbal Medicine
Medical Herbalism, Massage
Hypnotherapy, Reiki
Nutritional Therapy, Iridology
Allergy Testing, Aromatherapy
Injury Rehabilitation
Indian Head Massage
NLP, Reflexology
Hopi Ear Candling
Hydrotherm Massage

01223 237459

www.physic.co.uk

Oakington Road, Girton

Power Tool & Plant Hire, Sales & Repairs M. P. Harvey 119-123 Middlewatch, Swavesey

Tools for all your requirements: Decorating, building, gardening, breaking and DIY

Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.

All other tools and small plant repaired, including Kangos, disc cutters and generators

Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Tool Hire:

Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders, Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers, Tile cutters, Acrows, Mowers, Rotavators, Hedge trimmers, Pumps

Adult's & children's
bouncy castles
now available

 **206113**



Steve Jolley
Plastering & Tiling

6 Foxhollow
Bar Hill
Cambridge
CB23 8EP

Home 01954 780445
Mobile 07727 203626

HIGHFIELDS

law practice

Your approachable local solicitors

John Tarrant, Georgina Walker and Cheryl Bentley are part of local law firm providing the following services and more.....

Conveyancing, Wills and Probate, Matrimonial, Employment, Litigation

Opening Hours:

Weekdays 8am - 5.30 pm

Evening and Saturday by arrangement

We offer on matrimonial and litigation matters a 30 minute fixed fee initial consultation of £50 plus vat

For advice please call:

01954 210363/211920

E-mail georgina@highfieldslaw.com

74 Highfields Road, Highfields Caldecote, CB3 7NX

Easy Free Parking/Disabled Access

John S. Hinchliffe

Building Services

Property Refurbishment,
Alterations, Buildings Work,
and Carpentry

Inside & Outside - All Work Considered

Free Quotations

Telephone 01954 202406

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

ELLIOTTS

Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

UNIT 44, VIKING WAY, BAR HILL, CAMBRIDGE CB3 8EL



M&M

Heating & Plumbing Services

Corgi & Oftec Registered

Oil/gas boiler service

Bathroom Installations

Heating/Plumbing m

Power Flushing

Landlord Certificates & Safety Checks

Free estimates

Friendly and reliable local service

01223 691599

07832261791/07766281962



213666



Bar Hill Village Fête 2009 is Celebrating Different Cultures

This year promises to bring new attractions as well as old favourites.

The day kicks off at 1 pm and goes on until late in the evening.

There will be a Tug of War, Cookery Competition, lots of Inflatables, Photography Exhibition, Science workshop and shows, Vintage Tractors, Crazy Golf, Cuddly and Crawly animals and much more, as well as stalls and displays.

There will be a selection of refreshments throughout the day and evening.

The evening entertainment starts at 6 pm and includes a disco and live music.



Recipes and entry forms are available in the Fête Programme coming through your door soon.

Bar Hill Photography Exhibition

at the Village Hall July 4th

The theme for this year's display will be

'Home' and 'Away'

We will be displaying photos from the following age groups:

> 0 to 11 > 12 to 16 > 17 and over

Please submit no more than 5 unframed photos at a maximum size of 10" x 8". Photos should be clearly marked with the photographers name and phone number, age group, photo title (if you want), and either the category 'Home' or 'Away'.

Photos should be delivered to Ben Gallagher at 11 Watermead between June 23 and July 3, and will be available for collection at the same address from July 6.

Please do not submit your only copy of a photo, as we can not guarantee that they will be safe from grubby fingers, spilt coffee, or swine flu.

Happy Snapping!

For more information

ben@bengallagher.com or 01954 780526

FOR SALE

Red bed settee and chair

Very good condition - £50

Tel 01954 201220

Bar Hill Childminders



If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly family environment with a Child-

minder who is Ofsted registered, fully insured and First Aid trained. Childminders offer a wide range of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much much more. If you would like to find out more you can call any of the childminders listed below or just come along to our Coffee and Kids session on Thursday mornings between 10.00 am and 11.30 am.

CHILD MindERS WITH CURRENT

VACANCIES:-

Melanie	204496
Carol	780238
Debbie (Tues, Weds, Thurs)	201739
Terri	780458
Karen - call for more info	781151
Sharon - call for more info	07800935263
Kirsten - call for more info	200228

COFFEE AND KIDS

Coffee and Kids is run by Bar Hill Childminders for parents, carers and childminders of babies and pre-school children. It is a very informal session held in the Octagon on Thursday mornings (term time only) from 10 am to 11.30 am. The price of £1.80 per family/childminder includes hot drinks for the adults and soft drinks and healthy snacks for the children. We have a large range of indoor and outdoor toys and a safe soft play area for babies. Call Debbie on 201739 for more details.

The Allotment Society

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Keith Morris on 782441.



Any other allotment matters should be addressed to bhallotment@hotmail.com

The Allotment Society is in need of a 4-stroke petrol mower in good condition. If you have such a machine surplus to your requirements, please contact Carl Wilson on bhallotment@hotmail.com or tel. 200494.

Sports and Social Club

For up to date information on what's happening at the Social Club visit www.bhssc.org.uk or ring 781881.





Little Acorns Pre-school.

Little Acorns is situated in the SPARC building next door to the primary school. We are open every day, both morning and afternoon. A lunch club session is also available each day. Our opening times are 9-11.30 am and 12.30- 3 pm.

Children may attend from their second birthdays.

We provide a variety of learning experiences, both indoor and out. Children are encouraged to be creative, and to explore and investigate the things in their world. All of our staff hold a childcare qualification and are trained in first aid and child protection.

We offer a 'places for all' policy. Every year we offer free or subsidised places to a number of families. If you feel that you would like to speak to us about this, we would love to hear from you. Please phone Sally on 201074 or drop in anytime. If you would like to book sessions please ring Gail on 203229 or on our pre-school number 07851803083.

We will be holding regular open days at the start of each term for our new starters (who will receive an invitation nearer the time). If you are interested in coming to look around too, please phone us to book your place, or if you would like us to send you some information and a registration form. Alternatively you may prefer to e-mail us at s.gedny@ntlworld.com

Hiring the rooms

The pre-school room is available to hire for parties and functions. The current charge is £7.50 per hour (a minimum charge applies). Booking forms are available in the lobby area or by calling Janine on 07879613731.

FRIENDS OF BAR HILL LIBRARY



The next coffee morning in the Library will be held on 4 June 10 am - 12. It is quite easy to have a quick cup of coffee or tea, a sit down if you want to, and exchange views with other users of the Library.

We shall be having a stall at the Village Fête on 4 July. If you have books to donate please leave them with the librarians for us to collect.

Thank you

Sheila Mason

MESSAGE FROM THE SCHOOL

Dear Residents

Some of you may have heard the good news that the school is having a Children's Centre built onto the front of the school.

There will be a **public meeting on Monday, 13th July at 7.00 pm** in the school hall to give out further information and answer any queries.

The building work is planning to start in September and is estimated to finish approximately February/March time. There will unfortunately be some inevitable disruption to the front of the school and the hammerhead parking area but the centre will provide additional services for families with children under the age of five.

Children's Centres are not a playgroup or child care facility but is a means of bringing together various agencies such as: health services, family support services, family activities information, early years education and child care and employment and training advice.



The government's aim is to eventually have 40 Children's Centres across Cambridgeshire and we have been nominated as one of the bases for Phase 3.

The meeting will be led by Jon Butler, Locality Team Manager, and myself and we both look forward to seeing as many of the community as possible.

Best wishes

Lin Whyte

Headteacher



Pay it forward Project

Changing our community one favour at a time

**Free help around the house, garden or garage
No Catch!!!**

Local Christian group offering practical help to anyone in the village with tasks that they cannot manage on their own

**on the 2nd Saturday of each month
10.00am - 12 Noon**

To book us call: Mel Stamp, on 01954 203554
or Keith Dixon, on 01954 200880
or email: oasisgroup@ntlworld.com

(All materials or skips etc will need paying for by the person having the work done)

Below are details of what the team has done so far. If you think we could help you in a similar way please do contact us.

Jan: Village litter pick
Feb: Helped resident with clearing leaves
Mar: Helped villager mow grass and tidy garden
Apr: Mowing garden
May: Still available
Jun: Still available

We are also happy to hear from anyone that would like to become part of this initiative and make a difference in our village, please contact us...even if it is just for one morning.

BIN COLLECTION DATES

3 June	Black bin
10 June	Green bin and boxes
17 June	Black bin
24 June	Green bin and boxes
1 July	Black bin

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

- * Insurance work
- * Guttering * Facia Boards
- * Garages & Extensions
- * Re-roofing & repairs

Prompt Reliable Service



01487 841008

Mobile 07860 680550
37 Greenfields, Earith

5-10 year guarantees

Competitive Rates

Moving ...? Anything, Anywhere, Anytime

BARRY STONE



01954 781430
01223 579560

For a fast and friendly service

Removals; Storage; Packing; Any distance

Free estimations

haart



...is where your home is

www.haart.co.uk

- Experienced staff with local knowledge
- 10 Cambridge regional offices, 223 national
- Independent mortgage advice
- Advertised on 7 major property websites
- No sale - no fee

The only agent truly serving Bar Hill

Unit 12, The Mall

Call the office today for your free, no obligation, valuation

781411

King & Co.

Solicitors

238, High Street Cottenham

Tel: Cottenham 251818

Opening Hours:-

Mon. - Thur. 9.00 am - 5.00 pm

Fridays 9.00 am - 4.00 pm

No
Parking
Problems



Quality Workmanship since 1962

EXTERIOR PAINTING



INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

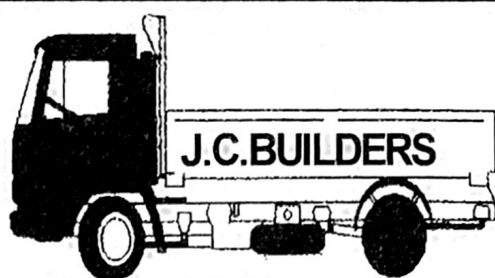
BAR HILL RESIDENT 1988 - 2004



Tel : 01223 711986

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com



J. C. Building Services

All types of building work undertaken.

For example:

Block paving

Patios

Fencing

Ceramic Tiling

Small Extensions

No job
too small!

Free
quotations

For an Estimate:



01487 740580

07919 202871

Nice and close just for you

10 The Mall Bar Hill Cambridge CB23 8DZ Tel 01954 780111

23 BRANCHES IN AND AROUND CAMBRIDGE

CAMBRIDGE
BUILDING SOCIETY

The building society that belongs to you

Head Office Administration Centre PO Box 232 51 Newmarket Road Cambridge CB5 8FF
www.cambridgebs.co.uk

JASON KIRBY

Professional Painting & Decorating Ltd

- All types of internal & External decorating.
- Residential & Commercial.
- City & Guilds Qualified.
- Full Public Liability Insurance.
- For Quality & Reliability At Competitive Rates, References Available.
- Members of Trust Mark, Dulux Trade Select & The Painting & Decorating Association.

Tel / Fax: 01954 231222 • Mobile: 07966 174431

jasonkirbyltd@gmail.com



A Professional Service from Start to Finish



CORGI
Registered
Gas Installer

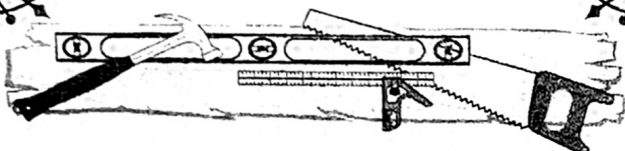
M. Roitman

Heating & plumbing engineer
Heating systems, bathrooms and
power showers
supplied, installed & repaired



Office 01480 469653
Mobile 07831 466778

Free estimates. Emergency service



DAVID HUMPHREY CARPENTER & JOINER



01480 432275

Mob: 07788 428580

Fax: 01480 451566

In need of any work doing around
the home, but haven't got time to do it ?

Then look no further ...

- ★ Carpentry & Joinery
- ★ Windows & Doors
- ★ Exterior Finishes
- ★ Roofing
- ★ Home Security
- ★ Conservatories
- ★ Loft Conversions
- ★ Home Extensions

*No job too large or too small
Quality work at realistic prices*

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING



DOMESTIC • COMMERCIAL INDUSTRIAL REPAIR & MAINTENANCE SERVICE

- **WE REPLACE** Glass, Locks, Handles, Hinges,
Patio Door Wheels, Tilt & Turn Mechanisms
- **WE FIT** Window Opening Restrictors,
Cat Flaps, Fly Screens
- **WE SPECIALISE IN** New Conservatories,
Windows, Doors

FREE
ADVICE /
ESTIMATES



SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Friendly and Efficient Service Please Call:

Phone **01954 201944**

Email: enquiries@tw-ds.co.uk
visit www.tw-ds.co.uk

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

WE DON'T PUSH... WE DON'T INAGGERATE ON PRICE... WE JUST SOLVE PROBLEMS

Drake Heating and Plumbing

Tel: 01954 781366 or 07831 806733
e-mail: DrakeHP@aol.com

Established 29 years

**Gas Central Heating
Installations
Boiler Replacements
Boiler Repair and Maintenance**

Corgi
Registered Gas
Installer
2185

26 Ladywalk
Longstanton
Cambridge



Skatz

HAIR DESIGN

and
**Bethan's Beauty
Shop**

Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909

New direct phone to
Bethan's Beauty Shop
789100

- ♦ We offer a full range of hair and beauty treatments
- ♦ Gift vouchers available
- ♦ Bio sculpture nail extensions and natural overlays
- ♦ KMS / Goldwell appointed salon
- ♦ New for the summer - St Tropez spraytan treatment
- ♦ Appointments not always necessary

FOR BETTER QUALITY WINES

Visit

Cambridge

WINE CELLAR

175 St. Neots Road, Hardwick
Cambridgeshire CB23 7QJ
(NEXT TO PET PAKS)

TEL: 01954 212112

E mail munnscww@aol.com

www.cambridgewinewarehouse.co.uk

TUESDAY - FRIDAY 10.00 A.M. - 6.30 P.M.

SATURDAY 10.00 A.M. - 5.30 P.M.

SUNDAY 10.00 A.M. - 2.00 P.M.

MONDAY CLOSED

THE THERAPY ROOM

TREATMENTS FOR RELAXATION & WELL-BEING

AROMATHERAPY for ladies

INDIAN HEAD MASSAGE

FACIALS

NUTRITION

REFLEXOLOGY

STUCK FOR A PRESENT FOR A SPECIAL PERSON - GIFT VOUCHERS AVAILABLE

Want to know more about treatments? Free consultation - by appointment only

'phone **HEATHER 781208** - Practice located in Bar Hill - Member Federation of Holistic Therapists

Are you in need of a chiropodist ?

For a professional service in your own home:-



201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association



NATIONAL WOMEN'S REGISTER

NWR is a countrywide network of autonomous groups for lively minded women who enjoy sharing ideas, discussing topics (a chance topic may become a lifelong interest), listening to speakers, sharing social events & making new friends.

NWR is for making friends locally, exploring new interests, meeting women from other areas, sharing a lot of fun together and it costs very little.

11th June Dig for Victory! We girls did our bit – what was it like being in the Land Army? See what you can find out Venue: Jill's

25th June The games children play! Return to Childhood – children's games evening. Venue: Julie's

27th June (Saturday) Summer Social – South American meal crawl (Members only) Venues: various

The Bar Hill group meets informally on alternate Thursday evenings and we pay just £1.00 to cover costs. All women are welcome.

If you would like more information, or someone to accompany you to a meeting please do not hesitate to call Heather Wheeler on 781208 or Marie-Therese Last on 780329. We can also be found on www.nwr.org.uk—it really is worth a look!

Parent and Toddler Group

Bar Hill parent and toddler group is a welcoming and friendly charity group run by a committee of parents to provide play and socialising for children (and parents) from 0-4 years of age. The sessions run Wednesdays and Fridays from 9.45 to 11.15 am during term time and are held in the Octagon. Both sessions provide a wide range of activities which include arts and crafts, puzzles, dressing up, role play and a wide range of outdoor toys (weather permitting).

The cost of each session is £1.90 for the first child and £1.00 per sibling up to a maximum of £3.00 per family or childminder. Under ones are free if accompanied by an older child. This fee includes refreshments for both parent/carer and children. For any more info' please call Hanna on 200232 or Lisa on 201902.



RESIDENTS' ASSOCIATION

Interested residents are always welcome at our meetings which are normally held on a Monday at the Parish Offices at 8 pm. The next meeting will be on 8 June.



Bar Hill Primary School

Monday 18th – Friday 20th May was Science Week at Bar Hill School. The children were inspired to explore areas of science through activities and inviting in speakers. During that week, work continued to develop the School vegetable garden. On Friday 5th June, World Environment Day, the children have been asked to 'Donate a plant' for the school or garden. Feel free to drop in any additional fruit, vegetable seedlings you may have grown to plant in the garden.

The Eco-team has signed up for an innovative recycling programme called Recycocool which turns old mobile phone and PDA handsets and used printer cartridges into cash for the school. Recycocool develops the pupils' enterprise skills as well as teaching them about recycling and the importance of protecting the environment.

The programme also allows us to raise funds – the more mobile phones, PDAs and cartridges we collect, the more money we will receive in exchange for these products. As a village, you can support our Recycocool initiative by donating your own empty printer cartridges, mobile phones and PDAs. Even better – persuade your company to support the school! We have a collection box for these items at the office. So if you normally put empty cartridges in the bin or have an old mobile gathering dust in a drawer please drop them into the box. The funds we raise can be used for vital resources and equipment.



ARE YOU A YOUNG PERSON PLANNING TO GO OUT FOR THE EVENING?

Here is some advice from the Police:

The summer months, lighter nights mean all of us have more time for leisure pursuits. Here are some basic safety tips to pass onto our young people and children.

- 1 Let someone know where you are going and tell them if your plans change.
- 2 If you need help, approach a family group rather than a single adult.
- 3 Meet friends in a public place so you won't be waiting on your own.
- 4 Plan how you are going to get home and make sure your mobile is fully charged before you leave home.
- 5 Look out for each other, stay with your friends and don't let anyone wonder off.
- 6 Walk away from groups that might provoke you.
- 7 Don't lose your cool: think about keeping yourself and your friends out of trouble.
- 8 Enjoy yourselves but think about how your actions affect others.



Bar Hill Parish Council
Parish Council Offices
(Near the Health Centre and Octagon)
Tel: 780456
Email: bhillpc-1@btconnect.com

Parish Council Web Site – www.barhillpc.org.uk.

This will keep you up to date on current affairs in the village including meeting minutes and agenda.

For all you regular walkers out there

The County Council has produced a Countryside Access Map entitled "Walks and Rides around the Northstowe Hundred". A very interesting history of the local countryside and lots of pleasant walks and bike rides for you enthusiasts. If you would like a map please call in to the office as I have been given a substantial supply.

Tesco Trolleys

I would like to ask residents to refrain from taking trolleys off the Tesco site as they keep finding their way into the stream. Although Tesco is informed each time this happens, it takes a long time for them to be picked up and it is up to residents to be considerate in not littering our village with trolleys.

Lost Property

I currently have several sets of keys, a leather wallet, made by Jeep, a gold eternity ring and a driving licence in the office. If any of these items belong to you, please call in some time to have a look.

Roadworks in the village

Work will shortly commence on the ring road. A red patch will be placed on the road near the entrance to Acorn Avenue and Viking Way, with signs on either side of the ring road to warn drivers that they are entering the residential area. We hope this will prevent lorry drivers taking wrong turnings and having to do U-turns which cause ruts in the verges.

Police Surgery

The Police Surgery will be taking place on Wednesday 17th June so if you feel you have an issue please come along between 10 am and midday and talk to our local PCSO.

Parish Council Meetings

The next monthly Parish Council meeting will be on Thursday 18 June at 7 pm in the Parish Council Office and all members of the public are welcome to attend.

HANDY TELEPHONE NUMBERS

Streetlights: 0800 253529 quoting the CC No. (written on lamppost).

South Cambridgeshire District Council: (08450 450500)

County Council (damaged paths and roads): (01223) 717111

Leigh Baffa

Parish Clerk

Tel: 01954 780456

Email: bhillpc-1@btconnect.com



SPARC Building, Gladeside

Tel: 07883 739368 during Club hours

We are situated in a purpose built building next to the School, with direct access from the playground. We provide Childcare for children aged 4-11 in a safe and caring home-from-home environment, with trained and experienced staff.

Our sessions provide the children with a wide range of activities from pool to computer games, dressing up to craft, and lots more or, if they wish, they can chill out on our comfy sofas. We can also use the safe environment of the school playground for outdoor activities.

During the holidays we have themed activities, which the children are involved in choosing, as they are with many other issues, such as outings etc – as it is their Club, they even chose its name. The children are given a snack, such as pasta or filled pittas, followed by a biscuit and fresh fruit. We also make birthday cakes to celebrate each child's birthday, which are shared.

We are registered with OFSTED, and we accept employers' childcare vouchers.

Session Times

After School 3.10 pm – 6 pm Monday – Friday

School Holidays 8.15 am – 6 pm Monday – Friday

Closed on Bank Holidays

Hiring

These rooms are now available for hire to the community, at the discretion of the Committee. If you would like to hire The Playstation rooms please contact Patsie on 201079. If you would like to hire the pre-school room please contact Janine Swanser on 203095 or 07851803083. The kitchen and garden areas may also be hired out for an additional charge.

The current charges are:

	Charge/hour	Fixed price
Little Acorns main room	£7.50	
Playstation main room	£7.50	
Kitchen		£10
Garden		£10

There is a minimum hire charge of £25.

We currently have some vacancies, both after school and during the holidays. If you would like more information, an information pack or to arrange a visit, call Patsie on 201079 or 07921 541549.

Patsie Cotter

Bar Hill Out Of School Club

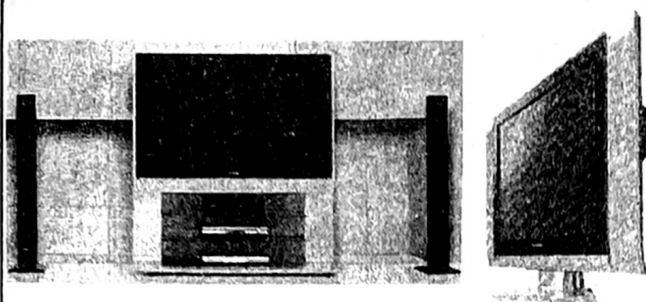
PLUMBING AND HEATING

T N WALSH (AIR-RP)

TELEPHONE 01954 780252 / 07887 561525

CORGI REG NO 23354

MEMBER OF THE INSTITUTE OF PLUMBING
REGISTERED PLUMBER 026851 I



Latest Plasma & LCD Televisions
DVD Recorders now in stock

- ⊙ Top manufacturers
- ⊙ Free delivery and installation
- ⊙ Interest free credit available
- ⊙ Ask about part exchange
- ⊙ Local independent dealer
- ⊙ Over 45 years experience



Andrew McCulloch
44 Arbury Court, Cambridge

FREEphone 0800 3890324

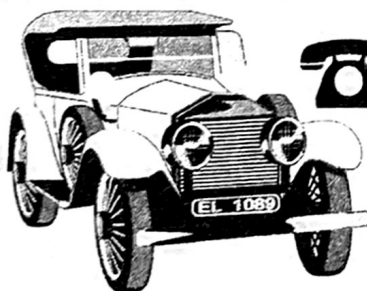
**Everybody's pain
is different...
and so is their treatment.**



If you would like us to help you work out the cause of your pain then please call or email.

**CAMBOURNE
OSTEOPATHS**
01954 28 28 20

www.cambourneosteopaths.co.uk



01223 233250
782247 - evenings



07711 131085

L. F. Dean & Sons

Motor Body Specialists

- * All makes repaired
- * Welding
- * Re-spraying
- * Low-bake oven

Non-fault accident service

Free estimates

4 Water Lane, Oakington

A. Denton

Painting & Decorating

High Quality



INDUSTRIAL

COMMERCIAL

DOMESTIC



102, Stonefield
Bar Hill
Cambridge
CB3 8TB

**01954
782472**



WE CAN FIX IT

**HANDYMAN SERVICES
MAINTENANCE FOR
THE HOME & GARDEN**

01223 232150

**Give Nigel a call for a
free quote**

07876 220204

UniPlumb
Cambridge Ltd

**'On tap for all your plumbing
and heating needs'
Quality Workmanship.
Free Estimates. Corgi reg'd.
Fast & reliable service.**



**All aspects of heating and
plumbing
Please ring for
professional, friendly advice.**

Tel/Fax: 01954 212553

102 West Drive, Highfields, Caldecote, Cambridge CB3 7NY



Ash Croft Veterinary Surgery

169, St. Neots Road, Hardwick Cambridge CB3 7QJ

Surgeries by appointment



210250

**Laura Wood
BA, MA, VetMB, MRCVS**

Visits by arrangement

**Simon Shore
MA, VetMB, MRCVS**

8.30 - 10.30 am & 4.30 - 7.00 pm Weekdays

9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

**Dragan Tomovic
BVSc, MRCVS**



Full 24 hour Emergency Service

Andy's Kars Ltd

For Quality Servicing & Repairs

6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666



In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles



Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

**Honest advice with a smile,
we go the extra mile!**



CRICKET CLUB



May 2 saw an historic day in the life of Bar Hill as we had three adult league teams in action for the first time. And what a start it was for the fledgling third team as they beat Burrough Green II by

four wickets to make it a winning debut. Richard Page took three wickets and there were two apiece for captain David Underhay and Sam Baker as Burrough Green were bowled out for 103 at Swavesey Village College. Scott Stanford, on loan from the firsts due to a peculiar work shift, hit 51 and Paul Sandford 17 not out to complete the victory.



The seconds also got off to a winning start, with an emphatic 86-run victory at Chatteris II. Pete Howard hit the club's first league half-century of the season with 59 and Priyal Perera added 35 and Adnan Rafiq 26 as Bar Hill reached 181 for 8. In reply, Perera was in unplayable form, taking 5 for 33 as Chatteris were dismissed for 95.

The firsts could not make it a hat-trick of opening-day wins. Having bowled Sawston out for 121, thanks to Steve Holt's three wickets and two each for Adam Dean, David Rush and Martin Cullum, Bar Hill could manage only 42 in reply.



But they bounced back to beat NCI III by three wickets. Dean took 4 for 30 on Parker's Piece in the hosts' innings of 148 for 8, before Craig Driver's 59 not out shepherded Bar Hill to 151 for 7, helped by Stanford's 23.

The seconds ran into a decent Blun-tisham side and were beaten by seven wickets having mustered only 102 for 9 from their overs.

At the time of writing, there had been no youth matches, although unfortunately, we have had to withdraw the under-15 side from the league due to a lack of numbers. However, those who had signed up are already appearing in the third third-team and showing the adults how it should be done!

If there is anyone out there who wants to play – whatever your age, ability or experience, please get in touch with me on the number below or contact youth manager Simon Smith on 200207.

The highlight of the next month will be the triangular 20-20 tournament against Cambridge City FC and Girton on Sunday June 7. Spectators are very welcome, and there will be a barbecue on the day.

The next month's fixtures at the Village Green:

Sat June 6: Eversden (first XI, league)

Sun June 7: 20-20 tournament (friendly)

Thu June 11: Milton (under-12)

Sat June 13: Witcham II (second XI, league)

Sat June 20: Wimblington II (second XI, league)

Sun June 21: Little Shelford (friendly)

Sat June 27: Madingley (first XI, league)

Sun June 28: Comberton (friendly)

Wed July 1: Histon (under-12)

The thirds have a run of away matches, but return to Swavesey Village College on June 27 to face Waterbeach II.

Our full fixture list and details of all our activities can be found at www.barhillcricket.org.uk

Finally, look out for us on Village Fete day, when we will be pleased to meet all your barbecue needs.

Paul Stimpson

201212



HAPPY HOURS

The Recycled Youth Club

A month of happiness and sadness. It was very good to be able to share the joy of Sid and Ruby Hunt's Diamond

Wedding anniversary and we all congratulate them. They asked for donations not presents, and collected the magnificent sum of £400 for Magpas from friends and family. Our sadness at the loss of our Committee Member Ernie Arnold – our Club collection in his memory raised £100 for Arthur Rank Hospice. Our latest raffle also raised £44 for Brookfields Hospital who looked after our members so well.

The few members who went to Romford on 29 April all enjoyed a lovely sunny day. Likewise our holiday to Weymouth was a great success, with a stop at Salisbury going and a trip from Colyton on Tram No 9 through a nature reserve to Seaton – a pretty seaside town in north Devon. Also a trip to the market town of Bridgport and a beautiful scenic drive over Portland Island, including a tea stop at Abbotsbury Gardens.

Rachel Carr from the Police Community Safety Unit visited the Club on 27 April and started with a questionnaire which made us all think of the little safety items so overlooked. Unfortunately some of her equipment refused to work but Rachel would like to come again in the future. This month we look forward to Mike Petty – a veritable mine of local information.

We wish our sick members a speedy recovery and hope they will all be well and back to the Club soon.

Helen Collins

782203

Bar Hill Village Hall

To book or contact us at the village hall, please telephone 01954 782414 and leave a message and I will call you back or e-mail barhill.villagehall@btconnect.com

The SATURDAY Martial Arts group has moved to SUNDAY mornings. Also the FRIDAY Martial Arts have a NEW 3 - 7 years' class starting at 5 pm. Just come along to any activity with any group and join in the fun.

On FRIDAY JUNE 5th we have BLOOD DONORS in the hall.

During the week we have all the following groups and clubs.

Monday	Helene Jones Dance	3.15 pm - 9 pm
Tuesday	Shotokan Karate	5.45 pm - 8 pm
Wednesday	Aerobics	6.45 pm - 9 pm
Thursday	Weightwatchers	6 pm - 7 pm
And	Karate	7 pm - 9 pm
Friday	Martial Arts	6 pm—9 pm
And	3—7 years	5 pm—6 pm
Friday	Noah's Ark (multi-birth club)	10 am - 12 noon

Sunday Bingo

You can also join The Sports & Social Club on the top floor at the hall, where you can watch LIVE SPORTS on TV Play pool, Darts, Skittles and Cribbage. There is also a varied selection of Live MUSIC (see club notices), or just enjoy a quiet drink in the comfortable surroundings. Membership is £8.00 per year and only £1.00 if you are 60 years young.

I look forward to seeing you soon somewhere in the Village Hall.

Jain Martin



Family Fun @ Bar Hill Church June 14th 2009 at 3 pm

Why not spend some quality time with your children and come along to the church, every 2nd Sunday of the month;

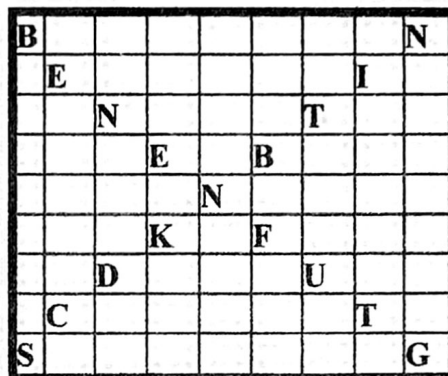
Activities	Crafts
Singing	Story Prayer
Snacks for Children	Hot drinks for grown ups
	Chat

Different themes every month
June Theme: The Rainbow

Services will be especially appropriate for pre-school age children, Siblings are all welcome.

COMPOSERS' ANAGRAMS -005

- THIS BON EVE
- BET SINER
- I TINT DOZE
- RE MERE BYE
- 5 OFF A BENCH
- 6 VIPER OF OK
- 7 DOZIER RUG
- 8 TAILS CART
- 9 HER SONG BC



SOLUTIONS to May's puzzle

Agincourt, Gallipoli, Hyderabad ,
Kimberley , Ladysmith, Sedgemoor,
Trafalgar, Worcester and Zeebrugge

TRACE YOUR STOLEN PROPERTY

You may remember being told about the FREE service www.immobilise.com. Immobilise is the world's largest register of possession ownership details and with its sister site Checkmend (www.checkmend.com) the largest database of stolen property and blocked mobile phones.



Members of the public and businesses can register their valued possessions and company assets. Exclusive to Immobilise users' registered items and ownership details are viewable on the Police National Property Database.

This service is used by police forces to trace owners of lost and stolen property.

On immobilise you can register anything from IPODS, MP3'S, phones etc...

Check it out... it's worth a browse.

JOB WANTED

Experienced HOME HELP available
Ironing and homesitting

I live in Bar Hill, please phone if I can help
07922 025283



MON 7:30 – 8:30PM
BODY BLAST AEROBICS
SWAVESEY PRIMARY SCHOOL

WEDS 7:00-8:00PM
STEP 'N' TONE
BAR HILL VILLAGE HALL

WEDS 8:00-9:00PM
FITNESS PILATES
BAR HILL VILLAGE HALL

COMING SOON

URBAN FUNK HIP HOP CLASS
AND FAT LOSS BOOTCAMP –
PHONE/EMAIL FOR MORE INFO!

AEROBICS & STEP £3.50. PILATES £4 PER SESSION. Block bookings available. Mat's provided, all abilities welcome, just come along!!!

Experienced & Qualified Instructor. Danielle 07803 706584
Email: info@essentialfitness.co.uk, Web: essentialfitness.co.uk

Oakington Garden Centre

Large selection of plants, pots
and garden sundries

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.

Tel. 01223 234818

Fax. 01223 236823

Email. oakingtongardencentre@hotmail.com

L **CROWN** **L**
DRIVING TUITION



Your Local Professional Driving School



ONLY THE BEST QUALITY SERVICE



- ✓ Association of Driver Educators for People with Disabilities
- ✓ Free Pickup in Cambridge and Surrounding Villages
- ✓ Dual controlled Vehicles
- ✓ Beginner, Advanced, Motorway



01223 260076

Teaching A Life Skill To Tomorrows Drivers Today

BAR HILL DENTAL CLINIC

Private Professional Dental Care

- Monthly Membership Plan
- Comprehensive Family Dentistry
- Cosmetic Treatment
- Tooth Whitening
- Dental Hygienist Services
- Emergency Appointment Available
- Ample Free Parking

Hanover Close, Viking Way
Bar Hill, Cambridge
CB23 8EH

Telephone: 01954 781616
www.cambridgedentist.co.uk

M.C.L PLASTERING

MARK LENTON

13, Almond Grove,

Bar Hill
Cambridge,
CB3 8DU

Phone: 203650

Mobile: 07759 693686

E-mail: mark.lenton@ntlworld.com

Total Relaxation

Located within
Waves Health and Leisure Club
Menzies Cambridge Hotel
And Golf Club
Bar Hill, Cambridge CB23 8EU

01954 249901

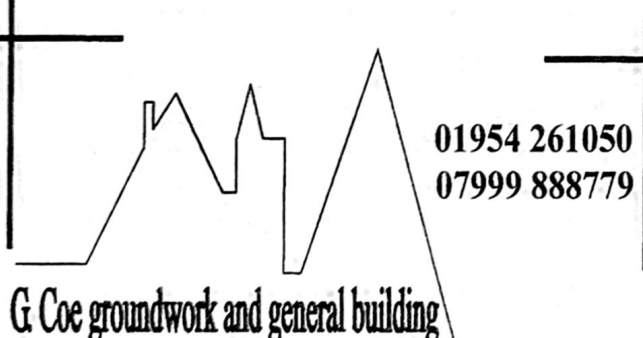
01954 249986

Payment by Cash or Cheque only

*Aromatherapy
Body Massage, Indian Head, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials
Body Wraps
Manicures & Pedicure
Lash and Brow Treatments
St Tropez & Waxing*

Day Spa Packages including use of all facilities

Email: total.relaxation@ntlworld.com



G. Coe groundwork and general building

01954 261050

07999 888779

A complete construction service

- * Extensions, alterations & conversions
- * All roof & guttering work
- * Garden design
- * Driveways, patios & fencing
- * Wood flooring

gcoegroundworks@googlemail.com

Irena Spence & Co

Solicitors

68-70 Castle Street,
Cambridge
CB3 0AJ

Tel: 01223 713300

Specialists in:

Conveyancing
Family/Matrimonial
Accident Claims
Litigation
Employment

Offices at:

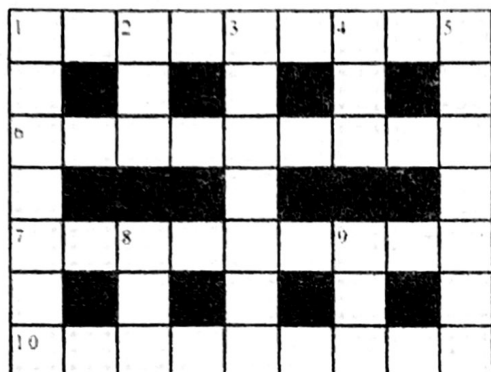
11 High Street
Histon
CB24 9JD

5 Green End
Camberton
CB23 7DY

Answers for May

Across 1. lacerated, 6. New Square, 7. actresses, 10. doubtless.

Down 1. lanyard, 2. cow, 3. request, 4. tea, 5. dresses, 8. tau, 9. see.



Clues for June

Across 1. A Tale of by Dickens (3 + 6), 6. huge arena, 7. uneven, not normal practice, 10. diamonds, rubies, etc.

Down 1. sailing or sewing term, 2. lubricant, 3. understanding, 4. solid water, 5. two churches in Cambridge town centre, 8. odd spirit, 9. computer term.

Bar Hill Ecumenical Church - Services for June 2009



A modern church for a modern village. Please join us on a Sunday to find out what happens inside; you will be made very welcome.

Sun 7th 10.00 am Holy Communion (Meth) *Conflict in the Community*
6:30 pm The NEWS (New Evening Worship Service)

Sun 14th 8.00 am Holy Communion
10.00 am Quaker Meeting
3.00 pm Family Fun (particularly appropriate for pre-school children)
6:30 pm Evening Prayer *Reconciliation*

Sun 21st 10.00 am Holy Communion (URC) *Reconciliation*
6:30 pm Quiet Prayer

Wed 24th 10.00 am Holy Communion
Sun 28th 10.00 am All-age Worship *Conflict and Evil*
6.30 pm Holy Communion

There is also a Roman Catholic Mass on Saturday evening at 6.00 pm in the Octagon

People to contact:

The Minister Rev Ruth Adams Tel: 789369
Church Centre Manager Helen Cook Tel/Fax: 206120
Website www.barhillchurch.com

The Catholic Church of Our Lady and the English Martyrs Hills Road, Cambridge (The Catholic Church serving Bar Hill)

Parish Priest: Mgr Tony Rogers Tel: 01223 350787
Deacons: Revd Robert Joyce, Tony Northrop and Tony Sutton
Local contact: Bunty Waters Tel: 201421

Mass at Bar Hill Octagon Saturdays: 6 pm First Mass of Sunday

Masses in the Parish Church in Cambridge

Monday, Wednesday, Thursday, Friday 8 am and 12.15 pm
Tuesday 8 am and 7.30 pm
Saturday 6 pm First Mass of Sundays
Also 5 pm at The Ark, Cambourne, and 6 pm at Bar Hill Church Centre

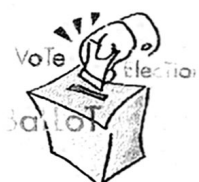
Holydays of Obligation 8 am, 10 am, 7.30 pm

Sacrament of Reconciliation

Tuesday 6.45 pm (not after Mass)
Saturday 10.30 - 11.15 am, 4.30 - 5.15 pm, 7 - 7.45 pm

Details of other services are published in the weekly newsletter which is available at the 6 pm Mass each Saturday - copies are available in the Church Centre.

WHAT'S ON?



4th Elections—
Village Hall

4th Coffee Morning—Library
4th 8 o'clock Club—Recycling
5th Blood Donor session—Village Hall
8th Residents' Association meets
11th NWR—Dig for Victory
12/ RADSOC—Bedroom Farce
13th " "
14th Car Boot Sale—The Fox car park
14th Family Fun Day—the Church
17th Police Surgery—PC office
18th Parish Council meets
25th NWR—Children's Games
29th RADSOC auditions for Pantomime 2010
Youth Club's AGM
30th Colts AGM—School



NICK'S NATURE NOTES

"Oh to be in England now May is come" – what a month May is! It heralds the mass movement of African migrant birds into Europe – millions and millions of birds fly to and from there every year. The various warblers: wood, willow, grasshopper and chiffchaff amongst others. Every year there is a Cliff (it flies all the way from Africa and heads for that tree along that bridleway: the millions it must pass on its journey but it wants that tree ... marvellous.

I've been spending some time in Norfolk recently, and consider myself lucky to see the chiffchaff with its monotonous "chiffchaff" call, the willow warbler with its song on a descending scale of notes. The blackcap is usually hard to see but its "two stones being struck together" call makes it unmistakeable.

And then the cuckoo: heard my first one this year on 21 April at Beccles Marshes in Suffolk. I've been lucky enough to actually see one in action this year at the Herbert Barnes Riverside Park, just outside Great Yarmouth next to the Breyden Estuary. I heard it and then stalked it following its familiar call to zero in on it until I could see its "hawk-like" shape sitting along a branch overlooking a reedbed, where it will sit for ages watching the comings and goings of the reed warblers until it establishes a pattern – eg time away from the nest getting food and then, quicker than a butcher's dog "nicking" a lump of meat off the slab, it flies in and lays its egg



in the nest ... the rest is history.

At various locations such as Beccles Marshes, Belton Marshes and Somerleyton Park I've watched the marsh harriers cruising on outstretched "V" shaped wings and going through their courtship flights – marvellous agility for such big birds.

Wandered through Waveney Forest looking among the bracken for reptiles, and been lucky enough to see Britain's only poisonous snake – the adder – basking in the sunlight, several grass snakes, with a couple swimming in a small pond, and star worms and a few vivaporous lizards (sounds posh, but they're just common lizards), but this wonderful forest which also houses deer, reptiles, various birds including coal tits, numerous butterfly species, dragon and damselflies, birds of prey, flying green tiger beetles and loads of insects too numerous to mention, is under threat from the sand and gravel industry who want to dig it up and extract the gravel, which would decimate this lovely area. But when I query it I'm told it's progress and we need new roads, and this is the place where I saw my first fly agaric mushrooms, the red ones with white dots so beloved by elves and fairies in children's books. There's a petition to sign against the destruction of it, so I'm now off to sign it. Bye for now.

Nick Richardson
07786950684



Bar Hill Pre-School

NOW REGISTERED FOR FULL DAY CARE

Our new purpose built Pre-School attached to the Village Hall has bright and airy rooms and a large fully enclosed garden, providing a safe, secure and stimulating learning environment for children aged 2 - 5 years. We are also running full day care from the Church Centre. This is reserved for children in the year prior to commencing school.

The aim of Bar Hill Pre-School is to provide high quality care and education by focusing on each individual child's ability, encouraging their development through Birth to Three matters and progressing to the foundation stage curriculum.

Our main emphasis is learning through play.

Your child will be able to explore a variety of activities in an educational setting required by OFSTED. Our experienced, qualified Early Years team Sonya, Karen, Sarah, Pauline, Jacqui, Emma, Clare and Claire supervise our sessions.

Our Key worker system enables the early years team to meet the needs of each individual child through planning their own individual educational plan and next steps.

Subsidised places

We offer reduced sessions rates for parents/carers on Income Support/Working tax credit. We also accept child care vouchers from your employer.

Early Years Funding

We can offer 5 free sessions when your child is eligible, currently the term after their 3rd birthday.

Play Tots Session

9.15 - 10.45 Tuesday

This is our session for babies to Pre-School with Emma our Birth to Three Co-ordinator. We have lots of fun and a large selection of activities, including our new soft play den and toys especially for the tots. Sessions are held on a pay as you play basis. Drinks and healthy snacks are provided.

Rising 5's session

This session is for children in their final year at Pre-School. This is a more structured session preparing them for school entry.

Session Times

Monday	9.00 - 11.30	12.30 - 3.00
Tuesday	Play tots	12.30 - 3.00
Wed	9.00 - 11.30	12.30 - 3.00
Thursday	9.00 - 11.30	12.30 - 3.00
Friday	9.00 - 11.30	12.30 - 3.00 (rising fives)

We offer a lunch club 11.30 - 12.30 daily

For more information please contact the Pre-School direct on (01954) 782892 during session times or feel free to pop in and see us.

Alternatively contact Sarah our session allocation Co-ordinator on (01954) 781871 before 7 pm weekdays.

Registered Charity No. 1030725